

# Dance

NOW thru May 2<sup>nd</sup> with Recital

Class	Ages	Day/Time	Fee
<b>Little Bitty Dancers</b> Movement fun	3-4 yrs.	Mon. 4p-4:45p	\$210R/\$260NR
<b>Ballet/Tap Combo</b> Learn 2 styles	4-7 yrs. 7-9 yrs	Sat. 11:30a-12:30p OR Mon. 5p-6p Thu. 5p-6p	\$240R/\$300NR
<b>Ballet</b> Strength, balance, grace	4-10 yrs.	Tue. 4p-4:50p	\$222R/\$272NR
<b>Tap</b> Rhythmic variation	6 - 11yrs	Thu. 6:00p-6:50p	\$222R/\$272NR
<b>Jazz</b> Coordination endurance	9 yrs. +	Wed. 6:00p-6:50p	\$222R/\$272NR
<b>HipHop</b> Rapid, rhythmic movement	6-10 yrs. 11-15 yr.	Fri. 5p-5:50p Fri. 7p-7:50p	\$222R/\$272NR
<b>PomPoms</b> Coordination, Drill	4-9 yrs. 9-15 yrs.	Sat 10:30a-11:20a OR Fri. 4p-4:50p Mon. 7p-7:50p	\$222R/\$272NR



## 8 week classes

<b>Little Bitty Dancers</b> Movement fun	3-4 yrs.	Thu. 4p-4:45p	11/17-01/19/12	\$48R/\$62NR
<b>Mom &amp; Baby Dance</b> Movement fun	3-4 yrs.	Thu. 4p-4:45p	11/18-01/20/12	\$48R/\$62NR
<b>Zumba</b> - Learn the dance that firms & tones the whole body.	15 yrs +	Wed. 7:00-8:00p or 8:00p-9:00p	11/16-1/18/12	\$32R/\$42NR
<b>Flirty &amp; Sassy</b> - Tone, firm & burn calories with fun moves.	18 yrs. +	Thu. 8:00p-9:00p	11/17 thru 1/19/12	\$32R/\$42NR
<b>Jumps, Leaps, Turns</b> - Properly learn and improve dance techniques.	12 yrs. +	Mon. 8:00p-9:00p	11/21 thru 1/23/12	\$32R/\$42NR
<b>Belly Dancing for adults</b> - Exercise and fun for the adventurous women.	16 yrs +	Beq.=Tue. 8:00-9:00pm OR Adv. Wed. 8:00p-9:00p	11/29 thru 1/25/12	\$40R/\$52NR
<b>Country Western Line Dance</b> - Fun and exercise while learning line dances	21yrs. +	MONDAY Beq. 7:00-8:00pm OR Adv. 8:00-9:00 pm	11/28 thru 1/30/12	\$40R/\$52NR



# Gymnastics

NOW thru Jan 14<sup>th</sup>

Class	Ages	Day/Time	Fee
<b>Adult &amp; Tot</b>	1 -2 yrs	Wed. 9:30a-10:15a OR 2 ½ -4 yrs. Wed. 10:30a-11:15a	\$50R/\$64NR
<b>PreNastics</b> (Boys & Girls - Learn gymnastics skills through games and movements.)	3-4 yrs.	Sat. 10:30a-11:20a, Wed. 11:30a-12:20p OR 5:30p-6:20p	\$98R/\$128NR
<b>Beginner</b> (Boys & Girls - Concentrates on muscle-developing movements, body control and coordination.)	5-6 yrs.	Wed. 4:30p-5:20p	\$98R/\$128NR
<b>Introduction</b> (No experience necessary for this class - learn tumbling skills, safe use of bars, beam and springboard.)			
<b>Girls</b>	7 - 14 yrs.	Sat. 11:00a-12:20p OR Tue. 6p-7:20p OR Wed. 4p- 5:20p	\$144R/\$186NR
<b>Boys</b>	7-14 yrs.	Sat. 11:30a-12:50p OR Tue. 4:30p-5:50p	\$144R/\$186NR
<b>CheerNastics</b>	6-15 yrs.	Sat. 12:30-1:45 pm Or Tue. 7:00-8:15 pm	\$128R/\$164NR



**Cheer Team** Learn Cheer performance for competition & exhibition with other park districts on Saturdays & Sundays.

**TRYOUTS -Saturday November 12<sup>th</sup> 11:00am**

Who: Girls 6 - 15 yrs.  
Class times: Sat. 11:00a-12:15p & Thu. 4:00p-5:15p  
Dates: Saturdays, November 19<sup>th</sup> thru April 21<sup>st</sup>  
Fee: \$60R/\$70NR plus competition fees \$45.00 and uniform TBA



15601 S. Central Ave Oak Forest, IL  
(708) 687-7270

www.oakforestparks.org  
GINA BYRNES @ 687-7270,X119

## COME TO THE FAIR

### 31st Annual Community Awareness Fair

**FREE**

Saturday, October 8th 10:00am-3:00pm OAK FOREST HIGH SCHOOL, 15601 Central Ave.  
Come and see what your community has to offer you! Meet your neighbors, view city events.

## Family Festival Night & Movies

**FREE**

Friday, October 28th 6:00pm to 8:30pm

Come with the family and bring your pumpkin. We will have everything you need to decorate. Make a scarecrow to take home with you. Enjoy Halloween movies will you are hard at work! Families MUST preregister.

## Little Tykes new class

Children will have fun while gaining experience and learning while away from parents !

Who: Boys and Girls 2 to 3 years old (Toilet trained not necessary.)

When: Tuesdays 1:00-3:00 pm October 4 to May 15

Fee: \$303.R/\$390NR

## Art House

Explore art = drawing, water colors, pastels, sponge art and collage. Bring a sketch pad.

Who: Boys and Girls 6 to 10 years old

When: Thursdays, Sep 29th thru Nov 19th 4:30p to 6:00p

Fee: \$54R/\$70NR

## Funtime Preschool Program

A fun, safe and supportive environment for your child's first school experience.

When: Tuesdays and Thursdays, Now thru May 22nd, 2012

Time: 9:00am to 11:30am

Who: 3 year olds BY Sept. 1only

4 yr. olds =call for availability

Fee: \$640R/\$800NR

Sue Ann Beardsley 687-7270,x160

Payment plan is available.

OPEN GYM - Learn about the sport & see how gymnastics equipment is used. Have fun with experienced instructors.

**SAT. Nov. 26<sup>th</sup>** (5 - 8 years Sat. 3:00p-4:00p \$5.00)

(9 - 15 years Sat. 4:00p-6:00p \$8.00)