

February 2010

Dear 5<sup>th</sup> Grade Parent or Guardian,

In accordance with the Illinois State Board of Education health laws, it is mandatory that all students entering 6<sup>th</sup> Grade have a completed physical examination. Therefore, all 6<sup>th</sup> Grade students must submit this completed form before the **first day of school** for the 2010-2011 school year. Students who do not submit this form before the first day of school may be excluded from attending.

You may have these physicals done now and return them to me. I will make a folder for them and keep track of each name. **If your child will be involved in a sport do not schedule your physical before July 1, 2010.** You may turn it in at Arbor Park before the first day of school.

The Parent Portion of the physical exam must be completed by you and signed. The physical is not complete without your signature. **A diabetic screening is a requirement for a physical exam.** Please make sure that your doctor completes that section.

You may turn in your completed physical at any time. **Please make sure that you make a copy of this physical for your records before turning it into school.** If you have any questions please call me.

Sincerely,

Norene Nellis RN  
School Nurse  
Arbor Park Middle School  
342-7704