



ARBOR PARK MIDDLE SCHOOL

DISTRICT 145 • 17303 CENTRAL AVENUE, OAK FOREST, IL 60452-4920 • (708) 687-5330 • FAX (708) 535-4527

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Dear Parents/Guardians:

Please use the following common illness guidelines with the winter months coming upon us. Illnesses can be lengthy and sometimes be difficult deciding whether or not to send your child to school. These guidelines may assist you in making your decision.

Fever (100 degrees or greater): may not attend school.

Sore throats/cold/cough: A persistent uncontrollable cough or constant heavy drainage may affect your child's performance and he or she may be more comfortable at home.

Vomiting/Diarrhea: must be free of symptoms for 24 hrs and retain solid foods before returning to school.

Rash: If your child has a rash all over his body (bright red, raised, or itchy) or a rash in one or more areas that is draining fluid. He/she may not attend school.

Eye drainage If he or she has yellow or green drainage. He or she may not attend school.

Your child will be sent home from school if he/she displays any of these symptoms. We request that your child be picked up within 30 minutes of illness notification.

Thank you for your assistance,

Norene Nellis RN, ILCSN

708/342-7704

"Educational Excellence with Kindness"